Resolution to Increase IUD Education in Family Medicine
Passed CAFP and AAFP

WHEREAS the AAFP Policy on Family Physicians Providing Women’s Health Care states, “Family physicians are well trained, qualified and involved in providing comprehensive, continuing care of women throughout their lifecycle,” and

WHEREAS the AAFP considers “IUD counseling, insertion, and removal” to be a “core skill” that “should be independently performed by the resident or have had the exposure to as well as the opportunity to train for independent performance” and

WHEREAS the IUD is a safe, effective, and highly cost-effective form of contraception that is underutilized but gaining in popularity within the United States, and

WHEREAS the American College of Obstetricians and Gynecologists (2009) recommended that IUDs “be offered as a first-line contraceptive method and encouraged … for most women” and

WHEREAS Family Physicians care for many women with chronic conditions who may benefit from IUD.

WHEREAS family physicians lag far behind ob-gyns in offering the IUD to their patients—only 39% of family physicians report that they dispense, prescribe, or recommend IUDs, compared with 89% of ob-gyns, and

WHEREAS five recent studies suggest that many family physicians use outdated medical eligibility criteria and are misinformed about the range of women who could benefit from the IUD, and

WHEREAS IUD training in family medicine residency programs is not universal—Herbitter et al. (2011) found that only 80.9% of family medicine residency program directors reported availability of clinical experience in providing the copper IUD, and only 71.4% of chief residents reported availability of such training. Similar results were found for hormonal (LNG-IUS) IUD training, with 87.6% of program directors and 77.6% of chief residents reporting availability of clinical training, and

WHEREAS the current ACGME Gynecology requirements for family medicine residencies refer to “performance of appropriate procedures” but may not be understood to include IUD medical eligibility criteria, insertion and removal skills, and

WHEREAS family physicians have expressed interest in more training—a 2011 study found that over 40% of South Carolina family medicine residents and faculty stated that they would be likely to attend a course on IUD insertion, if offered, therefore be it

RESOLVED that the CAFP advise all California Residency Programs to include core curriculum on evidence-based IUD indications and hands-on insertion training to competency, and be it further

RESOLVED that CAFP present a resolution to AAFP Congress of Delegates that every U.S. Family Medicine Residency Program include core curriculum on evidence-based IUD indications and opportunity for hands-on insertion training to competency, and be it further

RESOLVED that the CAFP endorses increased CME opportunities and resident education regarding IUD eligibility and insertion.
12 Accreditation Council for Graduate Medical Education. ACGME Program Requirements for Graduate Medical Education in Family Medicine. 2007. Available at: https://www.acgme.org/acgmeweb/Portals/0/PFAssets/ProgramRequirements/120pr07012007.pdf.